

Ask The Experts



On the first and third Tuesday of each month, The Courier publishes a special Q & A page featuring local "Experts" answering frequently asked questions related to their area of expertise. If you would like to submit a question to one of these "Experts", please contact Advertising at The Courier at 419-422-5151 or email us at maryborer@thecourier.com.

Q: I am coming home for the holidays and need to bring my Dad in. What are your hours over the holiday season?



Jodi Turnwald
ACA, BC-HIS, COHC

A: During the holidays the only days we are closed are Christmas day and New Year's day. We hope you and your family have a great holiday!!

Findlay | Bluffton
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930 Plaza Street • Findlay • 419-422-5242

Q: A Holiday Reminder

A: We covered many topics this year. With this being the last article for the year, I thought I might give some suggestions for having a safe and happy Holiday Season. Distracted driving is responsible for a large portion of vehicle accidents and deaths, especially among teenagers. Just as important as not being distracted, is being defensive. Be aware of the vehicles around you and those stopped at intersections and stop lights. These people could be distracted and wonder into your lane or pull out in front of you. If you don't have a life insurance policy or have one that can't replace your income if you or a spouse were to pass away, or if you have a mortgage, cosigned for cars or student loans, a life insurance policy may be the best gift you could give your family. My staff and I hope you and your families have a safe and happy Holiday Season. We will be taking free photos with Santa at our agency on December 19-20 from 10 AM to 5 PM. Feel free to come visit us at 406 North Blanchard Street in Findlay, across from Wendy's on Tiffin Avenue. Happy Holidays!



Byron Dashnaw
Allstate Agency Owner



Dashnaw Insurance Agency

406 N. Blanchard Street - Findlay
419-424-5580

(across from Wendy's on Tiffin Avenue)

Q: With the winter weather, comes cold dry air. Is there a way to moisturize my dog's dry flaky skin without being a greasy mess?



Lori Baird
VCA FACC Manager

A: The dry, flaky, itchy skin caused by winter weather affects both human and non-human members of our families. While we can use lotions, creams and serums to soothe our skin we can't use those products on our pets. I would recommend bathing Flakey with a good emollient shampoo which would be beneficial for simple dry skin or, in cases of dry skin with irritation, a medicated shampoo may be the way to go. We have hot oil treatments available for our grooming guests that help condition the coat as well as the skin. Grooming with these specialty products may be all Flakey needs to get back in the pink. For severe or persistent cases of dry skin I'd suggest consulting with your veterinarian. Your veterinarian can determine whether Flakey would benefit from supplements such as those containing Omega 3 fatty acids or a veterinary strength topical skin treatment. Dry, flaky skin can also be a symptom of a medical condition, such as allergies or a thyroid problem and a visit with your veterinarian can help rule out or treat some of these conditions. Lastly, the use of humidifiers in your home is a great way to combat the nasty dry winter air and keep the whole family hydrated and comfortable.



VCA FINDLAY ANIMAL CARE CENTER

1614 W. Main Cross St.
419-423-4445

www.animalcarecenters.com

Q: What are the healthiest breeds? How long do they generally live?



Dr. Erica Row

A: Every breed has a list of health problems that are more common. Some breeds have higher risks of cancer (Boxers, Golden Retrievers), eye problems (Pugs, English Bull Dogs, Sharpeis), diabetes (Schnauzers), etc. Mixed breeds may have less risk, but are not a guarantee of health. It is good to educate yourself before buying a breed what their long term health problems may be. Life expectancy is generally longer for small breeds like Chihuahuas (14-15 years) and shorter for giant breeds like Great Danes (7-9 years). Your veterinarian is a great resource even BEFORE you adopt to find out what kind of dog may be right for you.



VCA FINDLAY ANIMAL HOSPITAL
2141 Bright Rd., 419-423-7232

VCA FINDLAY CARE CENTER
1614 W. Main Cross St., 419-423-4445

Q: We are staying at a rented cabin in southern part of the country over the holidays. What should I look for in the way of pests to make sure we aren't sharing our time with unwanted guest?



David Hartzell

A: The first thing you do is a very thorough inspection of the bed. If there is or have been bedbugs, there will be fecal stains, shed exoskeletons, living or dead bedbugs. Be sure to check between the mattress and box springs for these also. If there are roaches, they will introduce themselves very soon. They are not modest. Turning on the kitchen light in the middle of the night will usually let you know if roaches are present. If you are concerned about spiders, check areas of little disturbance. The backs of dressers, under the bed, behind the refrigerator. In southern states, you will find Brown Recluse spiders. If I were you, I would stop at my office and pick up about 10 glue boards. Putting these in the areas I mentioned will tell you what is moving around. They also give you evidence to show the person that rented you this place. Should you find bedbugs, contact us before you even leave the cabin. You will need to know how to pack so you will not transfer them to your car or home. Have fun, Don't Let The Bed Bugs Bite!!!!!!

The Critter Getter

511 Lawn Ave. Findlay • 419-421-1234
www.crittergetterohio.com Unmarked Service Vehicles

Q: I twisted my ankle playing basketball 3 weeks ago and for the past couple of weeks my lower back has been sore. Is it possible my lower back pain was caused by my twisted ankle?



Dr. Renee S. Perry

A: It is possible that your low back pain is due to an altered gait as a result of your ankle injury. When you compensate for an injury to a lower extremity, you inherently modify muscle recruitment which can lead to muscle soreness in other areas not directly related to the injured area. However, you may have injured your low back during the same trauma that caused the ankle injury. A visit to a chiropractor will be beneficial for the ankle and the low back.

DR. RENEE S. PERRY

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Chiropractor

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